

AGENDA for Nonviolent Conflict Intervention Training

Riverside Quaker Center / Saturday, March 22, 2008

TIME	PERSON	ACTIVITY	SUPPLIES/ NOTES
8:30 am-9 am	David Viafora, Samantha Wilson	Set up Welcome Table and FOR / NP Displays and Name Tags/ Donation Can	Post signs and set up chairs, lawn chairs outside (dust)
8:30am-9am	Jeffrey Laird	Set up FOOD TABLE	coffee, tea, cream, sugar, breads, fruit, cups, spoons, plates, napkins
8:45-9:15am	David, Samantha, Katrina	Welcome guests; Take payments; Give name tags and handouts; Offer food and drink; Sign-up emails clipboard; Take Lunch orders; Point out seating / Rest Room location	Donations Can available, Email forms on clipboard/ pen, name tags / marker, payment box with change
9:15am	Marilyn Sequoia, Katrina Mason, Carroll Boone, David Viafora, Samantha Wilson, Madelyn MacKay	Introduction of selves, training, conflict/choice, steps of escalation, culture of violence, "name that nonviolence" curiosity, creativity, flexibility, openness, Orientation to Quaker Center	Name that Nonviolence
9:20am	Katrina	Definitions of Intervention	See Red Notebook p. 1
9:25am	Marilyn	Overview of AGENDA /goals	Post Agenda
9:30am	Samantha	Group Introductions / why you're here	Leaders model @ 1 min or less
9:45am	Carroll, Madelyn	Consensus, Creating our Culture: (common) Ground rules/expectations	Thumbs up, down, sideways-not vote; signs of needing more attention
9:50am	Marilyn	Intro NP and DVD: Purpose Watch and listen for NCI skills	Technology set up: Mike, cover windows by piano

9:55am	Mike Dunn	Show DVD	Project above piano
10:08 10:10	Katrina then introduce Linda Dunn, who's seen NP peaceteams in action in Sri Lanka, Nairobi	Intro 2 min Silence to Reflect on responses, skills observed, what's most hopeful or exciting?, feelings, similar experiences Linda speaks 10 min. of her stories of NP	Modeling Writing OK during silence
10:20	Marilyn Katrina and Madelyn hand out pens to pairs, tape to post these on NE wall above chairs	What do peaceteams do that you've seen or done in your life? in Pairs-Write one example each pair; post NE wall -refer to at 1:50pm. Madelyn model transition to next activity: calming situation, refocusing group, gathering group	M+M model (e.g. girls to restroom as protective accompaniment, protective presence, making friends across borders-chatting in stores)
10:30	Madelyn Katrina, Marilyn, Carroll pass out cards and help groups get started, rotate roles, and return to whole group	Explain practice opportunities for Calming situations-leading transitions: giving 1 minute warnings before next activity begins. Nonviolence Goal: Calm self, Calm situation-clear intention, Refocus, Bring out "Best:" Connection and Compassion in self others. "Circle of Truths": Empathy, Multiple Perspectives-"I feel x." groups of four. Debrief: feelings, insights, application: How would you use this in your life? How can it help peaceteams?	4 cards of roles for each group: child soldier, parent, soldier, Nonviolent Peaceteam member Gandhi's quote: all have piece of truth Turn out, breathe, hold heart Vocabulary of Emotions handout

10:40	Madelyn with turns from all leaders (all look at each other-notice who's with you and who's not)	Affirming Common Ground Circle: Cultural diff and similarities, being an insider/outsider/whole Respectful presence, curiosity, See diff parts of a prob to create space for making peace	p 13 of notebook debrief: cultural awareness, conflict styles, what were surprises, insights, application?
10:55	Madelyn	CLARA introduction & Demo: M+M demo while K+S point to sign	Even diversity in pronunciation pp 22-24 / typed chart p 21
11:00	Katrina C	Calming self: discuss ways to do this in Pairs, record/post techniques above piano	write on 9x11 paper, markers, tape, Becomes resource.
11:05	Marilyn L	Listening Step: (in same pairs) Listen and Look for essence in other's content	? <i>how do listeners know if they heard right w/o paraphras</i>
11:10	Marilyn /Katrina?	Do Deep Listening in Pairs Exercise-bravest thing, then debrief: feelings, insights, application for us and for peaceteams. Stay with partner	2 min each/ listener silent looking at partner
11:20	Madelyn A	Intro: Affirm Acknowledge and ask pairs to give one from deep listening "both of us seem	pp 32-33
11:25	Madelyn -all leaders join groups to help	Brainstorm --explain how-- affirming statements: choose 4 statements, groups of 4: Group roles: initiator, encourager, recorder, time keeper	p 34 Provocative statements handout, <i>are these the same group roles on poster?Reporter?</i>

11:35	Marilyn	Groups of 4 split into pairs to practice affirm. Each pair chooses one Provocative statement+Affirmative Statement to Role Play for all. Questions, Comments before Lunch.	P 34 Remind skills used this am: calm self, calm situation; clear intention, refocus group; lead transition-help group make a change of activity; listen and look; affirm common ground in many ways; brainstorm; name feelings, reach out to/respond to strangers... ??
12:00	Lunch	Tio Taco across the street to the east for ordered lunch	On your own: \$
1pm	Madelyn	Hassle Line Practice of affirm in provocative situations	Review first , p 34, move down 1, deB
1:10pm	Carroll RA	Intro R and A and Demo	pp 42/44
1:30pm	Katrina	Practice R and A in groups of 4-provocative statements and add real life example, coach each other	From Hassle Line-same provocative situations plus real life
1:50	Marilyn	BIG TRANSITION to Conflict Intervention with Intro Chart & Glossary: use Madelyn's Name that NV technique sheet	3 rd party examples; pp 14-15orMadely's nv list; refer to their posted examples
2:00	Marilyn	<i>Groups of 3 or 4?:</i> Name that NV technique: 1story per grp	pp 17-18 only: 5 stories to choose
2:10	Marilyn-- Hand out cards/markers	Present 1 story per group-hold up name card of NV technique.(make own card)	pp17-18 only 5 stories; cards and markers
2:30	Carroll, Katrina	Intro intervening to deescalate/deter violence	pp 47-52
2:35	Katrina	<i>Groups of 3-5:</i> 1 scenario/grp., rotate roles. Debrief feelings, insights, applications	pp 47-52: 6x3=18 scenarios name that NV technique

3pm	Madelyn	groups of 3: tell Personal Stories of Intervention Decisions seen or done RAPJA singing example	debrief: feelings, cultural variables, name that NV technique, what else could be tried?
3:20	Katrina	Groups Role Play one personal story of intervention per group for all @ 2 min each	
3:30	Marilyn	What are you going to do next? Next Steps form, with example Ways to get involved w/ NP from p 57	Show, but don't pass out: Next Steps; Intention Forms and Evaluation Form
3:35	Marilyn / Samantha	Closure Circle of Intention or Gratitude or Looking Forwards	½ min each
3:50	Madelyn-more valuable than money	Peace Bond Awards/ write Main Intention on it after filling out Forms	How to pay, for those who haven't, plus Donations Can
Till 4pm	All	Fill out Intention Forms and Evals (to turn in at entrance table)	On their own; turn in at front door table
4pm +	Goodbyes/ Connections /emails /help clean up	Provide Clip Board form for Email contact to be e-published to us all	Clean-up committee, Jim Howard, David Viafora

HANDOUTS AND POSTERS:

Marilyn: Agenda for participants, pp 17-18 w/o NCI techniques, Provocative Statements p 34, *Closing*, Next Steps, Eval, Peace Bonds, 4 cards, add p 57 one, and 47-52 one copy

Madelyn: Agenda for trainers, CLARA: pp 21, 22-25, 21 to 46, with corrections and examples, emotions, needs, p.15+skills list, Charts of stages/steps of conflict dev., ground rules/our culture, calming self and calming situation sign